

Take the Stop Food Waste Challenge!

Take the challenge to find out what food you waste!

Step 1:

Record your waste for one week

Each time you put something in the food bin:

- Write it down on paper
- Note it on your phone
- Use our Weekly Food Waste Recording Sheet

Step 2:

See what you waste the most

At the end of the week, tally up your results and see what food you wasted the most so you can see where to focus.

Step 3:

Think about the reasons why

There's probably a few reasons why the food was wasted and we can help you come up with solutions.