

Stop Food Waste

















LINGO CARD

 Spuds	 Leftovers	 Milk	 Refill
 Apple	 1/3	 Potatoes	 Poke around cupboard
 Eat seasonal	 Right amount of rice	 Go vegetarian	 Fruit
 Lunch box	 Banana storage	 Shopping List	 Pasta













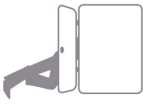



Stop Food Waste

LINGO CARD

 Milk	 Poke around cupboard	 Chill Out	 Shopping List
 Wonky veg	 Bread	 Banana storage	 Meat
 Pasta	 Snack attack	 Eat seasonal	 Meal Plan
 UFOs	 Potatoes	 1/3	 Refill

Stop Food Waste LINGO CARD

 Right amount of rice	 Apple	 Pasta	 Potatoes
 Shopping List	 Wonky veg	 Go vegetarian	 Meat
 Fruit	 Refill	 Eat seasonal	 UFOs
 Snack attack	 Poke around cupboard	 Bread	 Salad



Stop Food Waste LINGO CARD

 Refill	 Go vegetarian	 UFOs	 Apple
 Leftovers	 Snack attack	 Lunch box	 Shopping List
 Banana storge	 Right amount of rice	 Eat seasonal	 BOGOF
 Potatoes	 Pasta	 Stop Food Waste	 Bread

Stop Food Waste

















LINGO CARD

 Chill Out	 Wonky veg	 Fruit	 BOGOF
 1/3	 Lunch box	 Shopping Hungry	 Poke around cupboard
 €600	 Leftovers	 UFOs	 Salad
 Eat seasonal	 Pasta	 Shopping List	 Apple


















Stop Food Waste

LINGO CARD

 Shopping Hungry	 Salad	 Banana storge	 Milk
 Pasta	 Bread	 Meal Plan	 1/3
 UFOs	 Apple	 Spuds	 Leftovers
 Poke around cupboard	 Go vegetarian	 A clean plate	 Right amount of rice

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LINGO CARD

 €600	 1/3	 Shopping Hungry	 Potatoes
 Fruit	 Apple	 Refill	 UFOs
 Leftovers	 Chill Out	 Lunch box	 BOGOF
 Spuds	 Bread	 Go vegetarian	 Right amount of rice



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LINGO CARD

 BOGOF	 Poke around cupboard	 A clean plate	 Mash potato
 Stop Food Waste	 Bread	 €600	 Wonky veg
 Milk	 Leftovers	 Meat	 Lunch box
 Pasta	 Snack attack	 Shopping List	 Go vegetarian

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LINGO CARD

 Spuds	 Stop Food Waste	 Fruit	 Potatoes
 Wonky veg	 Eat seasonal	 UFOs	 Leftovers
 Poke around cupboard	 A clean plate	 Banana storage	 Lunch box
 Bread	 Meat	 Shopping Hungry	 Chill Out



Stop Food Waste

LINGO CARD

















 Spuds	 Leftovers	 Bread	 Shopping Hungry
 Milk	 Meal Plan	 A clean plate	 Apple
 Poke around cupboard	 Fruit	 Right amount of rice	 Salad
 Wonky veg	 Snack attack	 Chill Out	 Lunch box

Stop Food Waste LINGO CARD

 Apple	 Stop Food Waste	 Go vegetarian	 Fruit
 Milk	 Salad	 Eat seasonal	 1/3
 Spuds	 €600	 Bread	 Right amount of rice
 Poke around cupboard	 Snack attack	 Leftovers	 Chill Out



















Stop Food Waste LINGO CARD

 Salad	 Eat seasonal	 Shopping Hungry	 Poke around cupboard
 BOGOF	 1/3	 €600	 Refill
 Chill Out	 Potatoes	 Wonky veg	 Right amount of rice
 Go vegetarian	 Banana storge	 Apple	 A clean plate

Stop Food Waste

















LINGO CARD

 Chill Out	 Milk	 Apple	 Salad
 Shopping List	 Stop Food Waste	 Leftovers	 Refill
 Shopping Hungry	 Poke around cupboard	 Banana storage	 Snack attack
 Meat	 Bread	 Eat seasonal	 Lunch box











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LINGO CARD

 1/3	 Meal Plan	 Chill Out	 A clean plate
 Banana storage	 Refill	 Bread	 Milk
 Poke around cupboard	 €600	 Shopping Hungry	 Potatoes
 Fruit	 Shopping List	 Snack attack	 Leftovers

Stop Food Waste




LINGO CARD

 Refill	 Stop Food Waste	 Chill Out	 Shopping Hungry
 Snack attack	 Wonky veg	 Eat seasonal	 Mash potato
 €600	 Go vegetarian	 Salad	 Meal Plan
 A clean plate	 Shopping List	 Potatoes	 BOGOF



















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LINGO CARD

















 Wonky veg	 Meat	 Apple	 A clean plate
 Stop Food Waste	 Shopping Hungry	 Fruit	 Chill Out
 1/3	 Mash potato	 Lunch box	 Pasta
 Leftovers	 Banana storge	 Eat seasonal	 Spuds

Stop Food Waste LINGO CARD



 Meal Plan	 Milk	 Potatoes	 Eat seasonal
 Snack attack	 Pasta	 Refill	 Spuds
 Leftovers	 Stop Food Waste	 Poke around cupboard	 Salad
 Meat	 Apple	 Bread	 BOGOF



Stop Food Waste LINGO CARD

















 Salad	 Potatoes	 UFOs	 Stop Food Waste
 Milk	 Apple	 Mash potato	 Fruit
 Snack attack	 Poke around cupboard	 Refill	 Leftovers
 1/3	 Bread	 Wonky veg	 A clean plate

Stop Food Waste LINGO CARD

 Salad	 Shopping List	 Meal Plan	 Mash potato
 Banana storge	 Leftovers	 €600	 Pasta
 A clean plate	 Chill Out	 Bread	 BOGOF
 Apple	 Stop Food Waste	 Lunch box	 Spuds



Stop Food Waste LINGO CARD

 Wonky veg	 Eat seasonal	 Milk	 Stop Food Waste
 Potatoes	 Shopping List	 Leftovers	 A clean plate
 Bread	 Go vegetarian	 Right amount of rice	 Salad
 Spuds	 Apple	 BOGOF	 Poke around cupboard

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LINGO CARD

 A clean plate	 Snack attack	 Shopping List	 Milk
 Lunch box	 Fruit	 Stop Food Waste	 BOGOF
 Salad	 Right amount of rice	 Eat seasonal	 Go vegetarian
 1/3	 UFOs	 Mash potato	 Potatoes




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LINGO CARD

















 A clean plate	 Apple	 Potatoes	 Leftovers
 Banana storge	 Shopping List	 Mash potato	 Eat seasonal
 Go vegetarian	 BOGOF	 UFOs	 Right amount of rice
 Poke around cupboard	 Milk	 Wonky veg	 Shopping Hungry

Stop Food Waste LINGO CARD

 Fruit	 Apple	 Spuds	 Stop Food Waste
 Eat seasonal	 Meal Plan	 Go vegetarian	 Chill Out
 Poke around cupboard	 Shopping Hungry	 Leftovers	 Pasta
 Snack attack	 Shopping List	 Right amount of rice	 1/3



















Stop Food Waste LINGO CARD

 Potatoes	 Stop Food Waste	 Apple	 Go vegetarian
 Chill Out	 €600	 BOGOF	 Pasta
 Spuds	 Snack attack	 UFOs	 Banana storge
 Eat seasonal	 Salad	 Poke around cupboard	 A clean plate

Stop Food Waste

















LINGO CARD

 Fruit	 Salad	 A clean plate	 Stop Food Waste
 Go vegetarian	 €600	 Banana storage	 Eat seasonal
 Shopping Hungry	 BOGOF	 Chill Out	 Shopping List
 Snack attack	 Potatoes	 Milk	 Apple








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LINGO CARD

















 Meat	 A clean plate	 Stop Food Waste	 Poke around cupboard
 Mash potato	 Right amount of rice	 Snack attack	 Refill
 Wonky veg	 Bread	 UFOs	 Meal Plan
 Fruit	 Pasta	 Banana storage	 Shopping Hungry

Stop Food Waste LINGO CARD



 Shopping Hungry	 Mash potato	 UFOs	 Salad
 Meat	 Wonky veg	 Go vegetarian	 Refill
 Spuds	 Bread	 Pasta	 Shopping List
 1/3	 Poke around cupboard	 Snack attack	 Leftovers



Stop Food Waste LINGO CARD

















 Shopping Hungry	 Potatoes	 Eat seasonal	 Spuds
 Meal Plan	 A clean plate	 Bread	 Banana storge
 Pasta	 Apple	 Milk	 UFOs
 Go vegetarian	 €600	 Poke around cupboard	 Lunch box

Stop Food Waste LINGO CARD

 Lunch box	 Meal Plan	 A clean plate	 UFOs
 Eat seasonal	 Potatoes	 Go vegetarian	 Mash potato
 Pasta	 Shopping Hungry	 Leftovers	 BOGOF
 Wonky veg	 Fruit	 Apple	 Poke around cupboard



Stop Food Waste LINGO CARD

 Meal Plan	 Salad	 Banana storge	 Poke around cupboard
 Refill	 Milk	 Pasta	 Right amount of rice
 Shopping List	 Chill Out	 Leftovers	 Snack attack
 Fruit	 Lunch box	 Eat seasonal	 Go vegetarian

Stop Food Waste LINGO CARD


 Shopping Hungry	 Poke around cupboard	 Potatoes	 Salad
 €600	 Refill	 A clean plate	 Go vegetarian
 Right amount of rice	 UFOs	 Lunch box	 Snack attack
 Apple	 Meal Plan	 Wonky veg	



Stop Food Waste LINGO CARD

















 Banana storge	 Go vegetarian	 BOGOF	
 Shopping Hungry	 Pasta	 Bread	 Poke around cupboard
 Leftovers	 UFOs	 Refill	 Lunch box
 Wonky veg	 Snack attack	 Fruit	 Milk

Stop Food Waste LINGO CARD

















 Milk	 A clean plate	 Meat	 €600
 Fruit	 Go vegetarian	 Stop Food Waste	 BOGOF
 Banana storge	 Meal Plan	 Shopping Hungry	 Poke around cupboard
 Apple	 Bread	 Wonky veg	 Snack attack



Stop Food Waste LINGO CARD








 BOGOF	 €600	 Chill Out	 Refill
 Banana storge	 UFOs	 Eat seasonal	 Snack attack
 Meat	 Mash potato	 Bread	 Shopping Hungry
 Lunch box	 Apple	 Stop Food Waste	 Shopping List

Stop Food Waste LINGO CARD

 Snack attack	 Banana storge	 UFOs	 Apple
 Eat seasonal	 Chill Out	 Spuds	 Meal Plan
 Refill	 Salad	 Milk	 Fruit
 Pasta	 Meat	 Stop Food Waste	 Go vegetarian












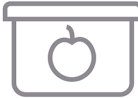






Stop Food Waste LINGO CARD

 Salad	 Banana storge	 Apple	 BOGOF
 Bread	 Fruit	 Shopping List	 Pasta
 Poke around cupboard	 UFOs	 Spuds	 Refill
 Potatoes	 €600	 A clean plate	 Mash potato

Stop Food Waste
















LINGO CARD

 Shopping Hungry	 UFOs	 BOGOF	 Bread
 Spuds	 Milk	 Go vegetarian	 Meal Plan
 1/3	 A clean plate	 Poke around cupboard	 Lunch box
 Mash potato	 Snack attack	 Chill Out	 Leftovers






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LINGO CARD

 Go vegetarian	 1/3	 Mash potato	 Meal Plan
 Refill	 Shopping Hungry	 Apple	 BOGOF
 Poke around cupboard	 Salad	 €600	 Right amount of rice
 Snack attack	 Leftovers	 Potatoes	 Meat

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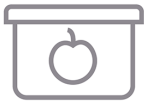




LINGO CARD

 Lunch box	 Chill Out	 Potatoes	 Meat
 Mash potato	 Refill	 Shopping List	 BOGOF
 Leftovers	 UFOs	 Shopping Hungry	 Eat seasonal
 1/3	 Wonky veg	 Salad	 Go vegetarian













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LINGO CARD


 €600	 Potatoes	 Bread	 Meat
 Mash potato	 Salad	 Apple	 Chill Out
 Lunch box	 Milk	 Banana storge	 1/3
 Shopping List	 Meal Plan	 Shopping Hungry	 Wonky veg

Stop Food Waste LINGO CARD

 Poke around cupboard	 Milk	 Pasta	 Refill
 Meal Plan	 Spuds	 Stop Food Waste	 Apple
 Go vegetarian	 Chill Out	 Right amount of rice	 1/3
 Fruit	 Shopping Hungry	 Wonky veg	 Lunch box








Stop Food Waste LINGO CARD

 €600	 Wonky veg	 Meat	 UFOs
 Snack attack	 Refill	 Potatoes	 Go vegetarian
 Shopping List	 Salad	 Milk	 Mash potato
 Meal Plan	 A clean plate	 Poke around cupboard	 1/3

Stop Food Waste

















LINGO CARD

 Chill Out	 Leftovers	 Fruit	 Meat
 Meal Plan	 Potatoes	 €600	 BOGOF
 Mash potato	 Pasta	 Eat seasonal	 Wonky veg
 Lunch box	 A clean plate	 Shopping Hungry	 Salad



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LINGO CARD

















 BOGOF	 Bread	 Shopping Hungry	 Milk
 Mash potato	 Lunch box	 Salad	 €600
 Meal Plan	 Leftovers	 Potatoes	 Banana storge
 Right amount of rice	 Stop Food Waste	 Go vegetarian	 Shopping List

Stop Food Waste LINGO CARD

 Banana storge	 Potatoes	 Shopping List	
 Poke around cupboard	 Shopping Hungry	 Meal Plan	 Salad
 Lunch box	 UFOs	 €600	 Pasta
 Refill	 Apple	 Mash potato	 Spuds




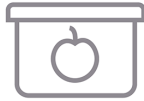














Stop Food Waste LINGO CARD

 €600	 Meat	 Pasta	 1/3
 Chill Out	 Meal Plan	 Potatoes	 Spuds
 A clean plate	 Shopping Hungry	 Apple	 Salad
 Milk	 Wonky veg	 Leftovers	 Banana storge

Stop Food Waste

















LINGO CARD

 Pasta	 €600	 BOGOF	 Lunch box
 Apple	 Shopping Hungry	 Banana storage	 Eat seasonal
 Poke around cupboard	 1/3	 Mash potato	 Milk
 A clean plate	 Chill Out	 Meat	 Bread




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LINGO CARD

 1/3	 Meat	 Leftovers	 Meal Plan
 BOGOF	 Eat seasonal	 Bread	 Shopping List
 Wonky veg	 Potatoes	 Snack attack	 Go vegetarian
 Spuds	 Milk	 Poke around cupboard	 Fruit

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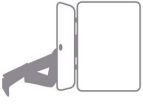







LINGO CARD

 Go vegetarian	 Meat	 Poke around cupboard	 Potatoes
 Leftovers	 Milk	 Chill Out	 Bread
 Snack attack	 UFOs	 Spuds	 Pasta
 A clean plate	 Meal Plan	 Banana storge	 Shopping Hungry















Stop Food Waste

LINGO CARD





 Meal Plan	 Salad	 Meat	 Eat seasonal
 Mash potato	 Go vegetarian	 1/3	 BOGOF
 Poke around cupboard	 Wonky veg	 Potatoes	 Fruit
 €600	 UFOs	 Lunch box	 A clean plate

Stop Food Waste LINGO CARD

 Mash potato	 A clean plate	 Bread	 Shopping Hungry
 Snack attack	 Right amount of rice	 1/3	 Spuds
 Apple	 BOGOF	 Fruit	 Shopping List
 Stop Food Waste	 Wonky veg	 Go vegetarian	 Milk



















Stop Food Waste LINGO CARD

 Pasta	 Leftovers	 Mash potato	 Chill Out
 Fruit	 UFOs	 €600	 BOGOF
 Salad	 Snack attack	 Lunch box	 Milk
 Right amount of rice	 Refill	 Apple	 Bread

Stop Food Waste

















LINGO CARD

 <p>epa STOP FOOD WASTE Stop Food Waste</p>	 <p>Pasta</p>	 <p>Lunch box</p>	 <p>Leftovers</p>
 <p>Shopping List</p>	 <p>UFOs</p>	 <p>Salad</p>	 <p>Bread</p>
 <p>Shopping Hungry</p>	 <p>Mash potato</p>	 <p>Fruit</p>	 <p>1/3</p>
 <p>Wonky veg</p>	 <p>A clean plate</p>	 <p>Apple</p>	 <p>€600</p>



















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LINGO CARD

 <p>Shopping List</p>	 <p>Apple</p>	 <p>Eat seasonal</p>	 <p>€600</p>
 <p>Wonky veg</p>	 <p>BOGOF</p>	 <p>Leftovers</p>	 <p>Lunch box</p>
 <p>Potatoes</p>	 <p>Meat</p>	 <p>Chill Out</p>	 <p>Shopping Hungry</p>
 <p>Salad</p>	 <p>Pasta</p>	 <p>Banana storge</p>	 <p>Go vegetarian</p>

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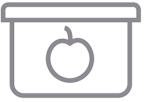







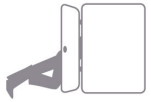




LINGO CARD

 A clean plate	 Mash potato	 Wonky veg	 UFOs
 €600	 Salad	 Eat seasonal	 Snack attack
 Meat	 Go vegetarian	 Chill Out	 Meal Plan
 Spuds	 Right amount of rice	 1/3	 Shopping Hungry














Stop Food Waste

LINGO CARD

















 Snack attack	 Apple	 Lunch box	 Wonky veg
 Go vegetarian	 UFOs	 Banana storge	 Chill Out
 Fruit	 Refill	 Pasta	 Poke around cupboard
 Spuds	 Mash potato	 Shopping Hungry	 Shopping List

Stop Food Waste LINGO CARD




 €600	 Meat	 Refill	 Lunch box
 Chill Out	 Potatoes	 1/3	 Wonky veg
 Spuds	 Poke around cupboard	 Go vegetarian	 UFOs
 Shopping List	 Shopping Hungry	 Bread	 Milk



Stop Food Waste LINGO CARD

















 Banana storge	 €600	 Leftovers	 Eat seasonal
 Shopping List	 Meat	 Mash potato	 Lunch box
 Salad	 Wonky veg	 Poke around cupboard	 BOGOF
 Refill	 Apple	 Snack attack	 Shopping Hungry

Stop Food Waste LINGO CARD












 Potatoes	 Bread	 Meat	 Chill Out
 Apple	 Eat seasonal	 Leftovers	 UFOs
 Meal Plan	 Mash potato	 Wonky veg	 A clean plate
 Shopping List	 Salad	 Shopping Hungry	 Lunch box



Stop Food Waste LINGO CARD

 Meal Plan	 Snack attack	 Stop Food Waste	 Eat seasonal
 Mash potato	 Shopping List	 BOGOF	 Salad
 Go vegetarian	 Meat	 Apple	 UFOs
 Fruit	 €600	 Poke around cupboard	 Leftovers

Stop Food Waste LINGO CARD

 Leftovers	 €600	 Banana storage	 BOGOF
 Bread	 Potatoes	 Right amount of rice	 Spuds
 Stop Food Waste	 Pasta	 A clean plate	 Apple
 Shopping List	 Wonky veg	 Fruit	 Salad







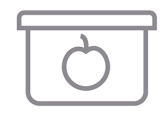




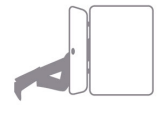






Stop Food Waste LINGO CARD

 Wonky veg	 Refill	 Stop Food Waste	 Meat
 Chill Out	 Potatoes	 Lunch box	 Snack attack
 Spuds	 Eat seasonal	 Fruit	 Leftovers
 Banana storage	 Pasta	 €600	 Right amount of rice

Stop Food Waste










LINGO CARD

 <p>Stop Food Waste</p>	 <p>Wonky veg</p>	 <p>1/3</p>	 <p>Shopping Hungry</p>
 <p>BOGOF</p>	 <p>A clean plate</p>	 <p>Lunch box</p>	 <p>Spuds</p>
 <p>Mash potato</p>	 <p>Banana storge</p>	 <p>Meal Plan</p>	 <p>Poke around cupboard</p>
 <p>Refill</p>	 <p>Meat</p>	 <p>Go vegetarian</p>	 <p>Bread</p>



















Stop Food Waste

LINGO CARD

 <p>Shopping List</p>	 <p>UFOs</p>	 <p>Wonky veg</p>	 <p>Leftovers</p>
 <p>Refill</p>	 <p>BOGOF</p>	 <p>Apple</p>	 <p>Milk</p>
 <p>1/3</p>	 <p>Fruit</p>	 <p>Bread</p>	 <p>Right amount of rice</p>
 <p>A clean plate</p>	 <p>Meal Plan</p>	 <p>Potatoes</p>	 <p>Eat seasonal</p>

Stop Food Waste LINGO CARD

 Pasta	 Eat seasonal	 Apple	 Right amount of rice
 Poke around cupboard	 Potatoes	 Salad	 A clean plate
 €600	 Stop Food Waste	 Chill Out	 Shopping List
 Refill	 Go vegetarian	 BOGOF	 Meal Plan



















Stop Food Waste LINGO CARD

 Go vegetarian	 Meal Plan	 Stop Food Waste	 Apple
 Salad	 Refill	 Potatoes	 Spuds
 Banana storge	 €600	 Shopping List	 Poke around cupboard
 Shopping Hungry	 Milk	 Eat seasonal	 A clean plate

Stop Food Waste

LINGO CARD

 UFOs	 Poke around cupboard	 Meat	 Shopping List
 Salad	 Stop Food Waste	 Lunch box	 Shopping Hungry
 Wonky veg	 Meal Plan	 Mash potato	 Milk
 A clean plate	 Potatoes	 Spuds	 Chill Out



















Stop Food Waste

LINGO CARD

















 Potatoes	 Wonky veg	 Fruit	 Chill Out
 BOGOF	 Meat	 Eat seasonal	 Refill
 A clean plate	 Spuds	 Go vegetarian	 Milk
 Poke around cupboard	 Mash potato	 Right amount of rice	 Meal Plan

Stop Food Waste LINGO CARD

 Poke around cupboard	 Banana storge	 Wonky veg	 Eat seasonal
 Lunch box	 Bread	 Stop Food Waste	 Snack attack
 Salad	 Shopping Hungry	 Chill Out	 Pasta
 Shopping List	 Fruit	 Potatoes	 Leftovers



Stop Food Waste LINGO CARD

 Meat	 €600	 Salad	 Lunch box
 Refill	 Right amount of rice	 Pasta	 Snack attack
 Fruit	 BOGOF	 Apple	 Potatoes
 1/3	 Banana storge	 UFOs	 A clean plate