

Weekly Food Waste Recording Sheet



STOP FoodWaste.ie

Food Thrown Out

Food waste type		Details	Where it ended up	Why it was thrown out	Weight
SAMPLE	Yogurt	1/2 tub	Down the sink	Out of date	100 gms
	Plate scrapings	Leftovers	Dog bowl	Uneaten	450 gms
	Bread	1/4 loaf slice pan	Bin	Mouldy	50 gms
Mon					
Tues					
Wed					
Thur					
Fri					
Sat					
Sun					

What was the most	Total weight for week	
	Multiply by €2*	
	Total cost of waste	

* €2 per kilo is a conservative estimate of the cost of food waste (including purchasing and disposal)

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