



STOP FOOD WASTE

DID YOU KNOW?

**One-third of all food we purchase
is wasted.**

This costs the average Irish household
€700 per year.

If you want to prevent food waste, save money
and learn how to compost, visit our website



STOPFoodWaste.ie



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STOP WASTE

Did you know over 1/3 of black bin waste is food and garden materials, most of which ends up rotting in landfills.

Re-think your food habits and what you throw out:

- Make a list of the food you throw out for a week... you'll be shocked at what you waste.
- Bargain buys are not a bargain if you throw them out! They are good for toilet rolls but not always for fruit and veg.
- Incorrect food storage will cost you money as things go off quicker than they should.



SAVE MONEY



To save money, visit our website www.STOPfoodwaste.ie where you will find out how to:

- Turn leftovers into delicious meals.
- Become a better buyer.
- Get tips on savvy storage and canny cooking.
- Learn all you need to know about composting at home.



**The more you learn, the more you can save...
and all the while you'll be helping protect your environment!**

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