STOPFoodWaste.ie

Fruit & Veg Storage



FRUIT AND VEGETABLES BEST STORAGE CONDITIONS

Refrigerate for freshness

Salad

Strawberries

Peppers

Broccoli

Mushrooms

Grapes

Kiwi

Carrots

Apples

Lemons

Keep cool or refrigerate for freshness

Melons

Oranges

In the Fridge

Refrigerate for freshness - ripen at room temp

Pears

In the Fridge



Keep in a cool dark place for freshness

Potatoes

Onions

Keep cool but don't refrigerate

Tomatoes

Bananas

Pineapples

In the cupboard or pantry

