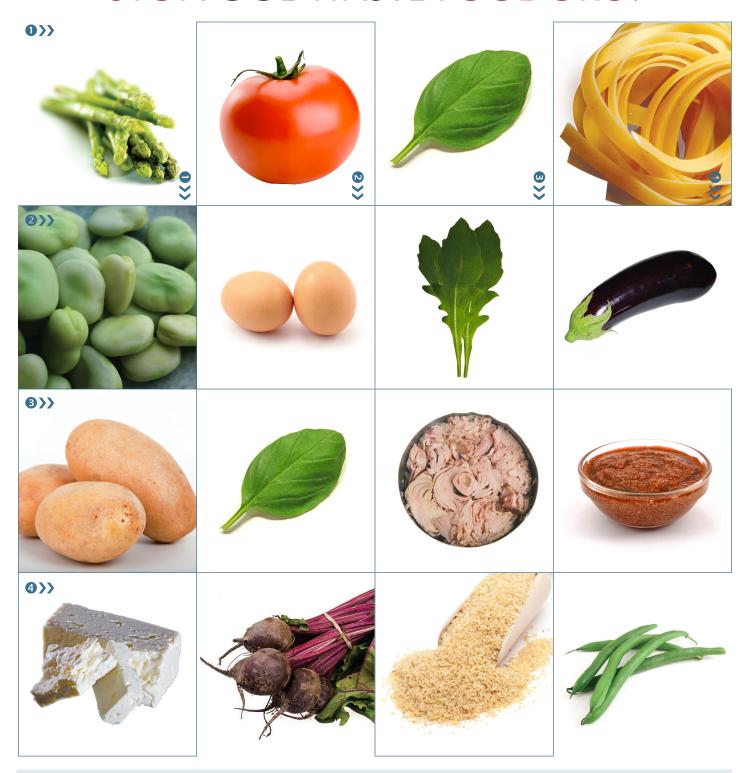
STOPFOODWASTE FOODOKU!

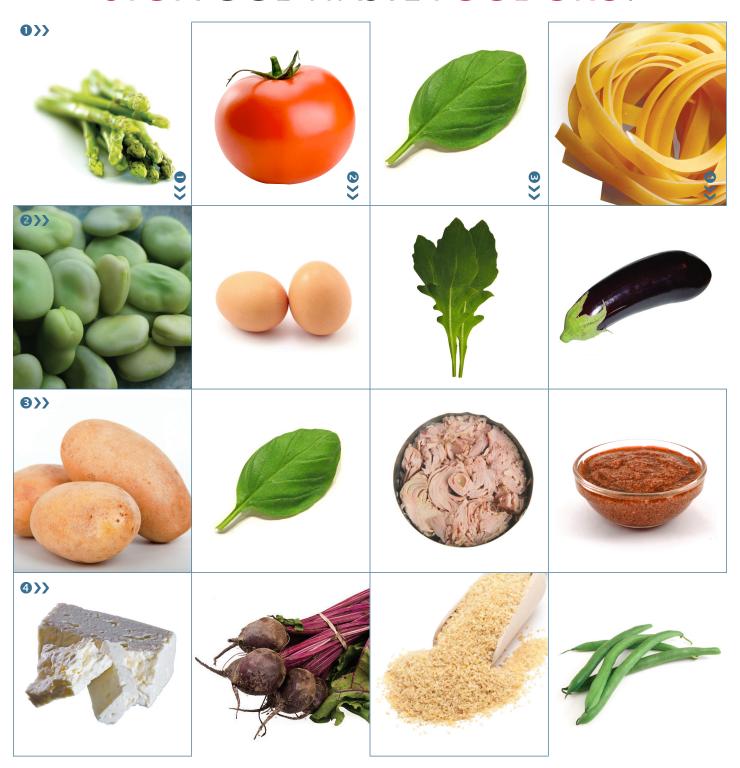


- **1. Across**: Boil tagliatelle pasta, grill the tomatoes and asparagus, then toss through the cooked pasta and served with chopped up basil.
- **2. Across:** Grill aubergine, blanch broad beans, soft boil eggs and serve with a rocket salad.
- **3. Across:** Cook potatoes, add shredded basil, tuna and tomato pesto.
- **4. Across:** Roast the beetroot and dice, cook couscous, blanch green beans, mix all together and crumble over goats cheese.
- **1. Down:** Cook potatoes and dice, blanch asparagus an broad beans, add to potatoes and crumble goats cheese on top.
- **2. Down:** Roast beetroot and dice. Make a tomato and basil omlette and serve with warm beets on the side.
- **3. Down:** Cook couscous, wilt spinach, mix both together with rocket and tuna.
- **4. Down:** Cook tagliatelle, grill aubergine, blanch green beans and mix together with tomato pesto.
- **1. Diagonal:** Grill asparagus, blanch green beans, hard boil eggs, flake tuna serve cold.





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